

<https://doi.org/10.34142/23129387.2025.73.26>

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ADAPTATION OF THE METHODOLOGY FOR RESEARCHING THE FUNCTIONALITY OF THE HOME ENVIRONMENT

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Relevance of the research. In English-speaking cultures, there are a number of phenomena close in meaning to denote "home": home, house, dwelling, living space, in Ukraine, a house is associated with housing, home, house, home environment. "Home" is a polysemantic concept (personal, social, cultural and historical contexts). Home is the unity of functional, semantic, emotional and social characteristics of housing. Home is the primary living environment for satisfying the needs of a person at different levels.

The phenomenon of home environment functionality describes a subjective assessment of the presence of such living conditions that can satisfy the needs of a resident at different levels (needs for carrying out a certain activity, for recreation, preservation and restoration of resources, etc.).

The Aim of the article is to adapt the methodology for studying the functionality of the home environment.

Conclusions. As a result, we received a questionnaire on the functionality of the home environment of an ideal home, which consists of 50 statements and contains thirteen factors for assessing functionality:

“Comfort and stability”; “Value function of the home”; “Free activity at home”; “Safety and mobility of home”; “Status of home”; “Demonstration of the resident’s worldview”; “Ease of cleaning at home”; “Connection of home with the past”; “Aesthetics of the home”; “Communicative function of home”; “Self-development and leisure at home”; “Home space”. These factors reflect all possible components of the concept of functionality in relation to an ideal imaginary home.

The questionnaire on the functionality of the home environment of a real home consists of 55 statements and is described by ten factors: “General Home Functionality”; “Demonstration of the worldview of the residents”; “Leisure and communication at home”, “Safety and comfort at home”, “Demonstration of individuality and status of residents.”, “Feeling of privacy at home”, “Accessibility of the house”, “Emotional attachment to home”, “Developmental potential of home”, “Cleanliness of the house”.

It is easy to find similarities between the two questionnaires, as they describe a single concept – the functionality of the home environment. But they are also different, as they describe two different sides of the concept of “home” – the ideal home and the real home.

Keywords: functionality of the home environment, living conditions, psychological well-being, ergonomics, home, questionnaire, psychology of everyday life.

Адаптація методики дослідження функціональності домашнього середовища

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Актуальність дослідження. В англомовних культурах для позначення «дома» є низка близьких за значенням феноменів: *home, house, dwelling, living space*, в Україні дім асоціюється із житлом, домівкою, будинком домашнім середовищем. «Дім» - це полісемантичний концепт (особистісний, соціальний, культурно-історичний контексти). Дім – єдність функціональних, смыслових, емоційних та соціальних характеристик житла. Дім – первинне життєве середовище для задоволення різноманітних потреб особистості.

Феномен функціональності домашнього середовища (ФДС) описує суб'єктивну оцінку наявності таких житлових умов, що можуть задовольнити різноманітні потреби мешканця (потреби у здійсненні певної діяльності, у відпочинку, збереженні та відновленні ресурсів тощо). Функціональність домашнього середовища описується критеріями: Прагматичності як можливості виконувати базові функції житла; Розвитку як можливості для саморозвитку мешканця; Стабільності як передбачуваності, стабільності та комфорту житла; Захищеності як можливості мешканця почувати себе у безпеці. Утім сьогодні не існує адаптованого україномовного опитувальника для вивчення функціональності домашнього середовища.

Мета статті – адаптувати методику дослідження функціональності домашнього середовища.

Висновки. Валідизація опитувальника функціональності реального домашнього середовища показала розгалужену систему чинників і представлена факторами «Комфорт і стабільність», «Ціннісна функція дому», «Вільний простір вдома», «Безпека та мобільність дому», «Статус будинку», «Демонстрація світогляду жителя», «Легкість прибирання в домашніх умовах». «Зв'язок дому з минулим», «Естетика дому», «Комунікативна функція дому», «Саморозвиток і дозвілля вдома», «Домашній простір», «Спілкування вдома».

Структура опитувальника функціональності домашнього середовища реального дому складається з десяти факторів: «Загальна функціональність будинку»; «Демонстрація світогляду мешканців»; «Дозвілля та спілкування вдома», «Безпека та комфорт у домі», «Демонстрація індивідуальності та статусу мешканців», «Відчуття приватності вдома», «Доступність дому», «Емоційна

прив'язаність до дому», «Розвиваючий потенціал дому», «Чистота в домі».

Ключові слова: функціональність домашнього середовища, умови життя, психологічне благополуччя, ергономіка, дім, опитувальник, психологія повсякденності.

Introduction. In English-speaking cultures, there are a number of phenomena close in meaning to denote “home”: home, house, dwelling, living space, in Ukraine, a house is associated with housing, home, house, home environment. “Home” is a polysemantic concept (personal, social, cultural and historical contexts). Home is the unity of functional, semantic, emotional and social characteristics of housing. Home is the primary living environment for satisfying the needs of a person at different levels (Zhdaniuk & Bondarenko, 2023).

The phenomenon of home environment functionality describes a subjective assessment of the presence of such living conditions that can satisfy the needs of a resident at different levels (needs for carrying out a certain activity, for recreation, preservation and restoration of resources, etc.) (Fomenko, Bondarenko & Shaiuk, 2025).

The functionality of the home environment is described by the following criteria:

1. Pragmatics as the ability to perform the basic functions of housing;
2. Development as an opportunity for the resident's self-development;
3. Stability as predictability, stability and comfort of housing;
4. Security as the resident's ability to feel safe (Kuznetsov & Bondarenko, 2023, 2024, 2025).

However, today there is no adapted Ukrainian-language questionnaire for studying the functionality of the home environment.

The **Aim** of the article is to adapt the methodology for studying the functionality of the home environment.

Results. We divided the questionnaires for the ideal and real home. First, the results of the functionality questionnaire for the ideal home were processed. According to the results of the reliability check, it was found that several items fall out of the test. They will not be included in the final version of the methodology. These are the following items: 4. "Reveal the character of the residents to others"; 5. "Demonstrate the age of the residents"; 9. "Demonstrate the power of authority"; 10. "Be accessible (territorially and financially)"; 44. "Be subject to control by its residents" (the results are presented in Table 1).

Factor analysis of the data revealed the presence of thirteen significant factors. Factor 1 (disperssion 11.3%, factor weight 5.64), contains the following items: 28. "Allow to feel on "your" territory" (0.50), 42. "Be clean" 0.53), 49. "Provide a sense of stability" (0.58), 50. "Be comfortable" (0.87), 51. "Be practical" (0.89), 52. "Be solid" (0.53), 53. "Be technological" (0.63), 55. "Contain many interesting or useful objects" (0.62). This factor reflects a person's desire to feel comfortable in their home, stability, the desired level of comfort that a person strives for. The factor was named "***Comfort and stability***".

Table 1
Cronbach's alpha reliability for the ideal home
questionnaire results

Number	Mean	Disperssion	Standart deviation	Cronbach's Alpha
1	308,8936	638,7759	25,27402	0,924084
2	308,7447	627,1688	25,04334	0,922741
3	308,4043	631,6876	25,13340	0,923806
4	309,6383	639,5074	25,28848	0,924714
5	310,9149	647,8651	25,45319	0,925323
6	307,7872	640,1249	25,30069	0,923505
7	310,4043	633,1769	25,16301	0,924441
8	310,8511	644,5523	25,38803	0,924709
9	311,2340	644,9878	25,39661	0,924974
10	308,5745	653,0955	25,55573	0,926154
11	308,2553	637,4667	25,24810	0,923071
12	308,5532	633,7365	25,17412	0,923871
13	307,7021	637,6559	25,25185	0,922510
14	307,6808	642,0045	25,33781	0,922633
15	307,7021	637,9538	25,25775	0,922284
16	307,3830	643,2576	25,36252	0,922675

17	308,0851	633,3970	25,16738	0,922525
18	307,2553	647,5944	25,44788	0,923431
19	307,9149	635,0992	25,20117	0,922282
20	307,8298	630,7795	25,11532	0,921574
21	307,9575	637,0195	25,23924	0,922248
22	307,4893	640,0370	25,29895	0,922363
23	307,5532	643,1833	25,36106	0,922772
24	307,8936	650,6057	25,50697	0,924342
25	308,1064	641,7121	25,33204	0,922925
26	307,8511	639,7864	25,29400	0,922449
27	307,7872	638,1675	25,26198	0,922261
28	307,3617	642,1458	25,34060	0,922565
29	308,1489	631,7012	25,13367	0,922011
30	307,2979	644,6772	25,39050	0,922766
31	308,2553	627,1688	25,04334	0,922189
32	307,5532	639,2259	25,28292	0,922313
33	308,0425	644,0408	25,37796	0,923649
34	308,0213	638,0208	25,25907	0,922648
35	308,1489	620,6375	24,91260	0,922240
36	308,8085	610,7932	24,71423	0,920114
37	307,9149	631,6523	25,13269	0,921549
38	308,3404	636,7777	25,23446	0,922421
39	308,2553	620,4455	24,90874	0,920513
40	308,9149	628,2055	25,06403	0,922603
41	308,1702	630,1838	25,10346	0,921598
42	307,6170	636,2363	25,22372	0,921918
43	309,3830	634,4916	25,18912	0,923055
44	309,1702	649,8434	25,49203	0,927142
45	309,5957	638,1132	25,26090	0,923906
46	309,1064	643,9249	25,37568	0,923996
47	309,0638	630,9109	25,11794	0,923419
48	308,1489	633,3182	25,16582	0,922190
49	307,8298	635,8859	25,21678	0,922014
50	307,4043	643,1345	25,36010	0,922600
51	307,4255	642,2444	25,34254	0,922678
52	307,8723	634,5369	25,19002	0,922245
53	308,0638	630,1448	25,10269	0,921927
54	307,6596	633,2032	25,16353	0,921852
55	308,2766	634,4128	25,18755	0,922765

Factor 2 (disperssion 10.77%, factor weight 3.90), contains the following items: 2. “Direct life” (0.81), 17. “Be the goal of returning” (0.81), 33. “Preserve family history” (0.47), 36. “Establish rules and a life routine” (0.58). The items in this factor describe a



person's value attachment to the home, the motivation to return to this home. The factor was called "***Value function of the home***".

Factor 3 (disperssion 9.80%, factor weight 4.00), contains the following items: 14. "Give the opportunity to eat according to one's own regimen" (0.52), 27. "Allow to engage in various activities" (0.81), 34. "Be a place for hobbies and interests" (0.72), 37. "Set the boundaries of the residents' personal space and areas for various activities" (0.46), 48. "Allow to choose what to do (0.66). These items describe a person's desire to have the opportunity for self-realization at home, how important it is to have space for work or hobbies, and whether a person wants to use the home only to satisfy basic needs such as sleep and food. The factor was named "***Free activity at home***."

Factor 4 (disperssion 8.88%, factor weight 4.40), contains the following items: 6. "Ensure privacy (integrity)" (0.82), 12. "Give the opportunity to move around" (0.70), 13. "Give the opportunity to take care of oneself" (0.77), 15. "Give the opportunity to sleep when you want" (0.50), 16. "Be a shelter" (0.52), 18. "Be safe" (0.64), 30. "Allow to restore strength" (0.50). This factor describes a person's desire to have protection, to feel safe at home, and to be able to satisfy needs. The factor was named "***Safety and Mobility of home***."

Factor 5 (disperssion 6.51%, factor weight 2.56), contains the following items: 7. "Demonstrate the status of the resident" (0.86), 8. "Demonstrate the level of wealth" (0.88). The items of this factor describe the desire to demonstrate to other people the level of wealth of the residents of the house, how important it is for the house to reflect financial opportunities and status. The factor was called "***Status of home***".

Factor 6 (disperssion 4.40%, factor weight 2.01), contains the following items: 1. "Represent a philosophy of life" (0.76), 3. "Reflect the personality of the residents" (0.53). The items reflect the desire of residents to demonstrate their views on life, their philosophy through the appearance of the home. The factor was called "***Demonstration of the resident's worldview***".

Factor 7 (disperssion 4.50%, factor weight 2.50), contains items: 31. “Allow to do nothing and not to care about anything” (0.43), 35. “Allow to have pets” (0.84), the items show whether it is important to rest emotionally and physically while at home, to be able to keep a pet in the house, which is emotional support for a person. The factor was called “***Ease of cleaning at home***”.

Factor 8 (disperssion 4.51%, factor weight 2.57), contains the items: 45. “Reminds of childhood” (0.82), 46. “Reminds of life events” (0.89). The items in this factor describe a person’s emotional attachment to home. The factor was named “***Connection of home with the past.***”

Factor 9 (disperssion 5.80%, factor weight 4), contains the following items: 29. “Allow changing the appearance of the home” (0.57), 38. “Allow home rituals” (0.45), 39. “Give information to the senses – hearing, sight, smell” (0.56), 40. “Be original” (0.80), 41. “Be beautiful” (0.70), 47. “Have a history” (0.65), 54. “Allow development” (0.47). This factor reflects how valuable the appearance of the home is, how important the influence of the interior on a person’s perceptual processes is. The factor was named “***Aesthetics of the home***”.

Factor 10 (disperssion 4.35%, factor weight 1.75), contains the items: 43. “Ensure communication with neighbors” (0.36), 44. “Be controlled by its residents” (0.79). The factor describes the importance of interaction with other residents. The factor was named “***Communicative function of home***”.

Factor 11 (disperssion 4.56%, factor weight 2.82), contains the following items: 19. “Give the opportunity to read” (0.52), 20. “Give the opportunity to listen to music” (0.67), 21. “Give the opportunity to watch movies” (0.78), 23. “Give the opportunity for family entertainment” (0.49). The items of this factor describe a person’s desire for self-development, the opportunity for family leisure. The factor was named “***Self-development and leisure at home***”.

Factor 12 (disperssion 3.32%, factor weight 1.60), contains items: 11. “Be spacious” (0.65), 32. “Give strength and inspiration” (0.51), describe the meaning of space for a person, the desire to have

enough space to be able to relax. The factor was named “***Home space***”.

Factor 13 (disperssion 3.43%, factor weight 2.17), contains the items: 22. “Give the opportunity to use the Internet” (0.60), 24. “Give the opportunity to receive guests” (0.56), 25. “Give the opportunity to manage communication” (0.60), these items describe how important it is to have social connections, the opportunity to communicate with other people directly or via the Internet. The factor was called “***Communication at home***”.

The questionnaire of functionality of the home environment for a real home was considered. After checking the reliability, the following items were excluded from the questionnaire: 7. “Demonstrate the status of the resident”; 45. “Remind of childhood” (Table 2).

Table 2
Cronbach's alpha reliability for the real home questionnaire results

Number	Mean	Dispersion	Standart deviation	Cronbach's Alpha
1	288,1489	1907,999	43,68065	0,971350
2	288,0638	1930,315	43,93535	0,971541
3	287,7660	1926,179	43,88826	0,971482
4	288,1064	1949,414	44,15217	0,971972
5	288,8511	1967,233	44,35350	0,972474
6	287,4681	1972,249	44,41001	0,972209
7	288,3830	1957,683	44,24571	0,972289
8	288,2340	1941,626	44,06388	0,971763
9	289,1277	1942,750	44,07663	0,971950
10	287,3617	1984,486	44,54757	0,972525
11	287,8936	1915,712	43,76885	0,971588
12	287,4043	1951,730	44,17839	0,971901
13	286,8936	1974,819	44,43893	0,971993
14	286,9362	1977,549	44,46964	0,972055
15	287,3404	1946,735	44,12182	0,971916
16	288,1277	1922,112	43,84189	0,971987
17	287,2553	1909,467	43,69744	0,971381
18	287,9149	1932,929	43,96509	0,972019
19	286,8723	1946,324	44,11716	0,971541
20	286,7872	1961,189	44,28531	0,971699
21	286,7447	1964,828	44,32639	0,971805
22	286,5957	1966,709	44,34759	0,971833

23	287,1489	1929,063	43,92110	0,971375
24	287,2128	1928,678	43,91672	0,971444
25	287,4468	1939,481	44,03954	0,971467
26	287,3404	1922,863	43,85046	0,971175
27	287,5319	1928,674	43,91668	0,971437
28	287,1277	1911,005	43,71504	0,971125
29	287,5107	1926,463	43,89149	0,971476
30	286,8723	1932,069	43,95530	0,971192
31	287,7021	1916,847	43,78181	0,971548
32	287,2979	1898,124	43,56747	0,970895
33	287,5745	1923,734	43,86039	0,971396
34	287,4468	1928,545	43,91520	0,971333
35	287,4681	1937,909	44,02168	0,971963
36	287,8511	1922,978	43,85177	0,971361
37	287,9362	1897,677	43,56233	0,970907
38	287,3617	1945,933	44,11273	0,971629
39	287,3404	1944,565	44,09722	0,971618
40	288,1064	1909,159	43,69392	0,971323
41	287,5745	1913,947	43,74868	0,971085
42	286,7234	1973,859	44,42814	0,971941
43	287,4468	1951,183	44,17220	0,971996
44	287,4043	1965,773	44,33704	0,972149
45	288,2340	1936,860	44,00977	0,972632
46	287,4255	1954,415	44,20876	0,971987
47	287,5319	1930,079	43,93266	0,971584
48	287,2340	1939,499	44,03974	0,971354
49	287,5532	1914,332	43,75308	0,971145
50	287,0851	1919,269	43,80947	0,971048
51	287,0851	1930,801	43,94088	0,971244
52	287,4893	1909,526	43,69813	0,971241
53	287,8298	1914,567	43,75576	0,971368
54	287,3192	1938,302	44,02616	0,971376
55	287,4681	1938,206	44,02507	0,971657

Factor analysis of the data revealed the presence of ten significant factors. Factor 1 (disperssion 2.25%, factor weight 11.94), contains the following items: 15. “Give the opportunity to sleep (0.59) when you want”, 17. “Be a destination for return” (0.78), 23. “Give the opportunity for family entertainment” (0.74), 24. “Give the opportunity to receive guests” (0.68), 27. “Allow to engage in various activities” (0.59), 28. “Allow to feel on “your” territory” (0.72), 29. “Allow to change the appearance of the home” (0.58), 30.

“Allow to restore strength” (0.70), 31. “Allow to do nothing and not care about anything” (0.56), 32. “Give strength and inspiration” (0.74), 33. “Preserve family history” (0.72), 34. “Be a place for hobbies and hobbies” (0.54), 36. “Set rules and a lifestyle” (0.68), 37. “Set boundaries for residents’ personal space and areas for different activities” (0.67), 38. “Allow home rituals” (0.60), 41. “Be beautiful” (0.49), 43. “Ensure communication with neighbors” (0.62), 47. “Have a history” (0.55), 48. “Allow choice of activities” (0.55), 49. “Ensure a sense of stability” (0.65), 50. “Be comfortable” (0.71), 51. “Be practical” (0.56), 52. “Be good-looking” (0.66). This factor determines the overall functionality of the house. The ability of a home to meet human needs and demands, such as comfort and leisure, social needs. The factor was called ***"General Home Functionality."***

Factor 2 (disperssion 0.56%, factor weight 3), contains the items: 1. “Represent a philosophy of life” (0.53), 3. “Reply to the personality of the residents” (0.60), 4. “Reveal the character of the residents to other people” (0.82), 5. “Demonstrate the age of the residents” (0.47), they describe the ability of the dwelling to demonstrate the value orientations of the individual and the worldview. The factor was named ***“Demonstration of the worldview of the residents”***.

Factor 3 (disperssion 1.05%, factor weight 5.61), contains the following items: 19. “Give the opportunity to read” (0.60), 20. “Give the opportunity to listen to music” (0.81), 21. “Give the opportunity to watch movies” (0.83), 22. “Give the opportunity to use the Internet” (0.86), 25. “Give the opportunity to manage communication” (0.52), 39. “Give information to the senses – hearing, sight, smell” (0.60). The factor determines the ability of residents to do things in the house. It describes the level of comfort and equipment at which residents have the opportunity to do interesting things while in the house. The factor was called ***“Leisure and communication at home”***.

Factor 4 (disperssion 0.71%, factor weight 3.77), contains the items: 11. “Be spacious” (0.72), 12. “Give the opportunity to move”

(0.81), 16. "Be shelter" (0.66), 18. "Be safe" (0.60), these items describe the level of security, feeling of safety and comfort. The factor was named "***Safety and comfort at home***".

Factor 5 (disperssion 0.65%, factor weight 3.46), contains the items: 2. "Direct life" (0.56), 8. "Demonstrate the level of wealth" (0.80), 9. "Demonstrate the power of power" (0.86), 40. "Be original" (035). This factor describes how the house demonstrates the individuality and status of the inhabitants. The factor was called "***Demonstration of individuality and status of residents***".

Factor 6 (disperssion 0.55%, factor weight 2.94), contains the following items: 6. "Provide privacy (integrity)" (0.75), 14. "Give the opportunity to eat according to one's own regime" (0.61). Most people's ability to eat freely is influenced by a sense of security and inviolability. This factor describes the ability to provide freedom and security for the residents of the house. The factor was named "***Feeling of privacy at home***".

Factor 7 (disperssion 0.41%, factor weight 2.18), contains the following items: 10. "Be accessible (territorially and financially)" (0.57), 44. "Be subject to control by its residents" (0.77), the items describe the accessibility of housing. The factor was named "***Accessibility of the house***".

Factor 8 (disperssion 0.48%, factor weight 2.56), contains items: 35. "Allow to have pets" (0.71), 46. "Remind of life events" (0.81), the factor reflects a person's emotional attachment to the house due to the presence of animals and memories associated with housing. The factor was named "***Emotional attachment to home***".

Factor 9 (disperssion 1.01%, factor weight 5.38), contains items: 26. "Allow to organize the day" (0.55), 53. "Be technological" (0.62), 54. "Allow to develop" (0.79), 55. "Contain many interesting or useful objects" (0.78). Factor 9 reflects the properties of the house that stimulate a person to develop. The factor was named "***Developmental potential of home***".

Factor 10 (disperssion 0.39%, factor weight 2.07), contains items: 13. "Give the opportunity to take care of yourself" (0.55), 42. "Be clean" (0.70), the items describe the opportunity to realize the

need for cleanliness. The factor was called "*Cleanliness of the house*".

Since the concepts of real and ideal home are different, it was decided to analyze and adapt two different questionnaires in Ukrainian within the framework of one methodology. The questionnaire contained 55 statements, which allows us to highlight many more factors than were highlighted in the version of the questionnaire by S. K. Nartova-Bochaver.

Conclusions. As a result, we received a questionnaire on the functionality of the home environment of an ideal home, which consists of 50 statements and contains thirteen factors for assessing functionality: "Comfort and stability"; "Value function of the home"; "Free activity at home"; "Safety and mobility of home"; "Status of home"; "Demonstration of the resident's worldview"; "Ease of cleaning at home"; "Connection of home with the past"; "Aesthetics of the home"; "Communicative function of home"; "Self-development and leisure at home"; "Home space". These factors reflect all possible components of the concept of functionality in relation to an ideal imaginary home.

The questionnaire on the functionality of the home environment of a real home consists of 53 statements and is described by ten factors: "General Home Functionality"; "Demonstration of the worldview of the residents"; "Leisure and communication at home", "Safety and comfort at home", "Demonstration of individuality and status of residents.", "Feeling of privacy at home", "Accessibility of the house", "Emotional attachment to home", "Developmental potential of home", "Cleanliness of the house".

It is easy to find similarities between the two questionnaires, as they describe a single concept – the functionality of the home environment. But they are also different, as they describe two different sides of the concept of "home" – the ideal home and the real home.

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Отримано: 03 09 2025 року

Прорецензовано: 15 09 2025 року

Прийнято до друку: 22 09 2025 року

